### **CONTACTS**

## **TEAM MEMBERS**

### **CHILDREN AND DOMESTIC ABUSE:**

Allegheny County Children,

Youth And Families 412-473-2000
Childline 800-932-0313
HOPE Center 888-299-4673
Pittsburgh Action Against Rape
Women's Center and Shelter 412-687-8005

### **MENTAL HEALTH/SUBSTANCE ABUSE:**

Alcohol Anonymous 412-471-7472
Allegheny Co. Warmline 412-820-4357
Family Services of Western PA
Milestone Community M.H. 412-731-9707
Gateway Rehabilitation Center

- Main # 412-963-7077

Pyramid Healthcare—Ridgeview

Adolescent Treatment Center 1-888-694-9996 UPMC:

- Western Psychiatric Institute And Clinic

412-624-2000

### **RUNAWAYS:**

National Runaway Safeline 1-800-RUNAWAY or 1-800-621-4000 Three Rivers Youth 412-441-5200

### **GENERAL HELP LINE:**

United Way of S.W. P.A 412-261-6010 ReSolve Crisis Network 1-888-796-8226 Mr. Dan Aaron

Mrs. Kristen Allen

Mrs. Melissa Arnett

Mr. Hal Biehl

Mrs. Laurie Coffman

Ms. Marlee DeLuca

Mrs. Erin Evanchec

Mr. Eric Hewitt

Mr. Nick Kinek

Mrs. Patsy Kvortek

Mrs. Tara Jo Pomatto-Morascyzk

Mr. Ryan O'Malley

Mrs. Suzanne Reck

Mrs. Sharon Rice

Mr. Michael Slencak

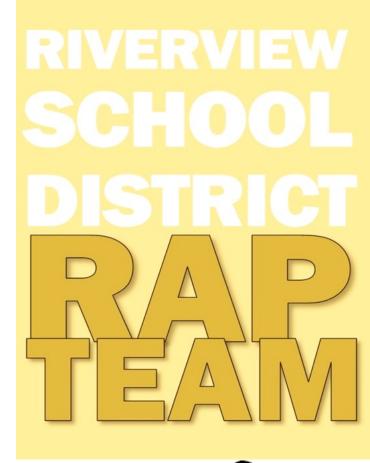
Mr. David Turk

Glade Run

**UPMC Liaison** 

# **Student Assistance Program JR-SR HIGH SCHOOL**

# **Student Assistance Program JR-SR HIGH SCHOOL**







## STUDENT ASSISTANCE PROGRAM

Riverview School District has made a commitment to the PA Department of Education to provide a Student Assistance Program (SAP) for the students and families of our district.

The Riverview Junior-Senior High School Student Assistance Program is also known as the RAP (Riverview Assistance Program) Team.

The RAP Team is a voluntary process designed to gather data to assist in the assessment of the students' needs for help and support. The involvement of the parent/guardians of a student is the key to success in this process.

The team members of RAP have undergone extensive training and continuing education as provided by the Pennsylvania Department of Education.

The program is designed to:

- Accept referrals of students who are experiencing barriers such as depression, anxiety, grief, alcohol or drug use, or other concerns to learning or school success.
- Intervene and refer these students to the appropriate school or community resources
- Provide prevention-based activities and programs.

The District made its decision to provide a Student Assistance Program because of its commitment to an educational environment which promotes positive mental health.

#### **RIVERVIEW RAP TEAM**

The Riverview School District RAP Team is comprised of a multi-disciplinary team including building administrators, guidance counselors, a certified school nurse, and classroom teachers. Representatives of community agencies may work closely with the team. Chemical dependency counselors and/or mental health professionals may meet with the students referred to the program. The Riverview Jr-Sr. High School has two teams-one for the Jr High and one for the High School.

### **GOALS**

- To develop an atmosphere of trust in which students will seek help
- To assure students that with help, problems are resolvable
- To communicate and cooperate with parents/guardians
- To maintain confidentiality
- To acquire necessary referral services for students
- To help improve the quality of life and education for our students

### **WARNING SIGNS**

Childhood and adolescence are times of many transitions. Changes in a student's behavior are part of normal development. However, a marked change over a period of time should cause concern for the child. The team can assist in deciding if a student needs help for these concerns.

## Please Contact the RAP Team if any of these signs are observed in your child:

- Deteriorating relationships with family members or friends
- Changing friends or unhealthy peer interactions
- Changing eating and/or sleeping habits
- Needing excessive privacy
- Changing personal appearances
- Declining grades and/or poor school attendance
- Losing interest in hobbies, sports or other favorite activities
- Increasing moodiness or anger
- Changing energy level
- Changing spending habits or having unexplained money
- Using and/or possessing drugs/alcohol/ paraphernalia
- Exhibiting glassy, bloodshot eyes or frequent cold-like symptoms

### **REFERRALS TO THE RAP TEAM**

Teachers, school staff, parents/guardians or • other students may make referrals to the RAP Team. Students may also make self-referrals. Any student who violates the School District Tobacco, Alcohol and Other Drugs Policy will automatically be referred. Any student with mental health issues may also be referred.

Funding for this program has been provided ty the Federal Safe and Drug Free School and Communities Act, the Safe Schools Initiative Grant, and the school district.